

**VOLKSMARCH:** A volksmarch is simply a pre-marked route. These walks are non-competitive and non-timed. This makes them excellent recreational events for the entire family. Children under the age of 12 must be accompanied by an adult. Anyone who pays the registration fee and completes the distance will receive the event credit.

**DATE:** Saturday, Saturday, March 24, 2012  
**SANCTION NO:** PA12/92472 This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV).

**SPONSOR:** Low Desert Roadrunners  
**LOCATION:** Mountain View Park, 11701 Terra Vista Pkwy, Rancho Cucamonga, CA 91730

**START TIME:** 8:00 am - Noon  
**FINISH TIME:** By 3:00 pm  
**DISTANCE(S):** Both a 6K & a 10K route will be available

**TRAIL:** Rated 1A, both the 6K & 10K routes pass by the Epicenter, home of the Ranch Cucamonga Quakes minor league baseball team. The walk continues along famous Route 66 and through a park.

**AWARD:** Credit only

**PRE-REGISTRATION:** No preregistration

**INFORMATION CONTACT:** Dottie Schwieger (951) 735-0395

[HiDotWalk@aol.com](mailto:HiDotWalk@aol.com)

**STIPULATIONS:** This event will take place regardless of the weather. Persons with a walking disability may walk a shorter distance for credit.

**FEES:** IVV Credit only \$3.00  
Walk only FREE  
IVV Event & Distance Books \$5.00 each

**DISCLAIMER:** The sponsors are not liable for accidents, thefts, and/or material damage. Every effort will be made by the sponsors to make this a safe, enjoyable, and memorable event.

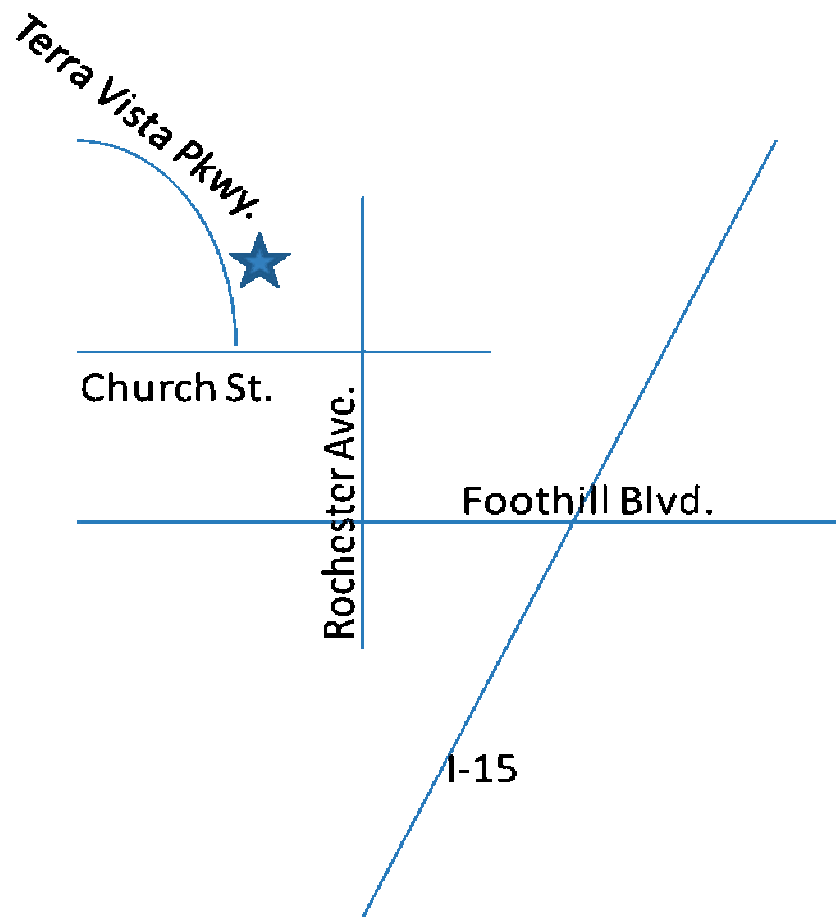
**MISCELLANEOUS:** Restrooms and water will be available at the start/finish. Walkers are encouraged to carry water. Pets are OK with clean-up. This walk is OK for strollers but not wheelchairs.



***"Moving together toward a healthier America"***

**EVERYONE IS WELCOME!**

DIRECTIONS: From I-15: Exit Fwy at Foothill Blvd (Exit 112). Go West on Foothill Blvd .7 mile to Rochester Ave. Right on Rochester to Church St. Left on Church St. to Terra Vista Pkwy. Right on Terra Vista Pkwy to Mountain View Park on right.



# VOLKSMARCH

RANCHO CUCAMONGA, CA

Saturday, MARCH 24, 2012

5/10K Walk #PA12/92472



LOW DESERT ROADRUNNERS

AVA 157 CVA 05

SPECIALPROGRAMS: Baseball Walk; San Bernardino Co.



**SANCTIONED  
EVENT**



*Eligible for credit toward  
IUU Achievement Awards*