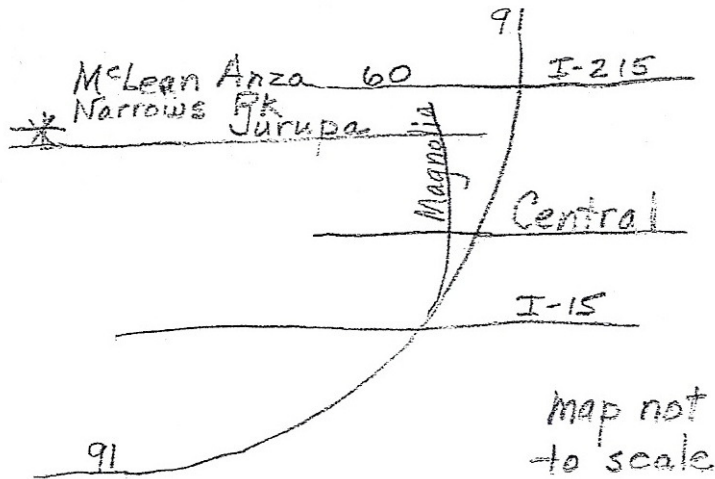
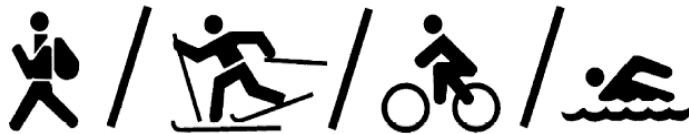


Directions: From Hwy 91, exit onto Central Ave in Riverside (Eastbound turns Left—Westbound turns Right) Stay on Central .6 mi to Magnolia. Right on Magnolia .5 mi to Jurupa Ave. Left on Jurupa. Travel 2 mi to park entrance on the right. Stay on park road a short distance to parking lot #3. Start point will be on the right.

Map:



**EVERYONE IS WELCOME !!**



# VOLKSWALK

Riverside, CA

January 21, 2012

One day only

5/10K WALK



Martha McLean-Anza Narrows Park

#PA 12/92476

LOW DESERT ROADRUNNERS

AVA 0157 CVA 05





"Moving together toward a healthier America"

**SANCTIONED EVENT**

Eligible for credit toward IVV Achievement Awards

**VOLKSMARCH:** A Volksmarch is simply a walk along a pre-marked route. These walks are non-competitive & non-timed. This makes them excellent recreational events for the entire family. Children under the age of 12 must be accompanied by an adult. Anyone who pays the registration fee & completes the distance will receive the event credit.

**LOCATION AND TIMES:** This event will start and finish at Martha McLean-Anza Narrows Park. 5759 Jurupa Ave, Riverside, CA 92504. Register between 8am & Noon. Walkers must be finished by 3pm. This event will take place regardless of the weather.

**DISTANCE & TRAILS:** Most of the walk is along the Santa Ana River Bike Trail. It is all paved with a great view of the surrounding area. You will walk on the paths in the park and also in some quaint neighborhoods with lots of shady trees. Both the 5 & 10K routes are suitable for strollers & wheelchairs Pets are welcome with leash & cleanup.

**AWARD:** Credit only

<b>FEES:</b> IVV Credit Only	\$ 3.00
Walk Only	FREE
IVV Event & Distance books	\$ 5.00
New Walker Packets	\$ 5.00

Sorry, no refunds for no shows.

**PREREGISTRATION:** There is no pre-registration for this event.

**SPECIAL ELIGIBILITY:** Persons with a walking disability may walk a shorter distance for credit.

**RESTROOMS & WATER:** Restrooms & water are available at the start/finish.

**DISCLAIMER:** The sponsors are not liable for accidents, thefts and/or material damage. Reasonable effort will be made by the sponsors to make this a safe, enjoyable and memorable event.

**This event counts towards the acquisition of IVV Achievement awards.**

**MISCELLANEOUS:** The weather should be mild this time of year and the views of the hills across the river are great. Water should always be carried in the Inland Empire.

**FOR MORE INFORMATION:**

**Jean Vik**

**951.317.7860**

[walkervik@aol.com](mailto:walkervik@aol.com)

*This event is sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports.*

**Special Programs:** Co. Riverside, Walking America's Trails & Cities in Songs



***"Moving together toward a healthier America"***